

Cotton Balls & Clothespins

Activity 13

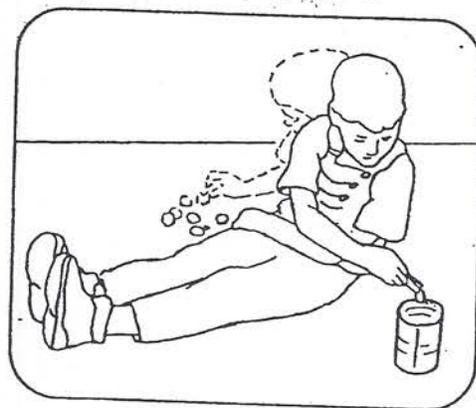
Level: Easy

Purpose:

- Separation of the two sides of the hand
- Pincer grasp
- Opposition and open web space

Materials:

- Clothespins, spring-loaded
- Cotton balls, small bits of sponge or small beanbags
- Wide mouth container



Directions:

Sitting with long legs, put containers on the floor on one side of your body and the cotton balls, sponges or bean bags on the other side. Use a clothespin to pick up a cotton ball and place it in a container on the other side of your body.

Tips:

1. Be sure the student uses thumb and first two fingers to squeeze the clothespin.
2. Make sure the student is turning the upper body without moving the lower body, not just leaning to the side, to make sure they are crossing the midline.
3. Increase or decrease difficulty by varying the placement of the containers.