

Buttons in the Bank

Activity 7

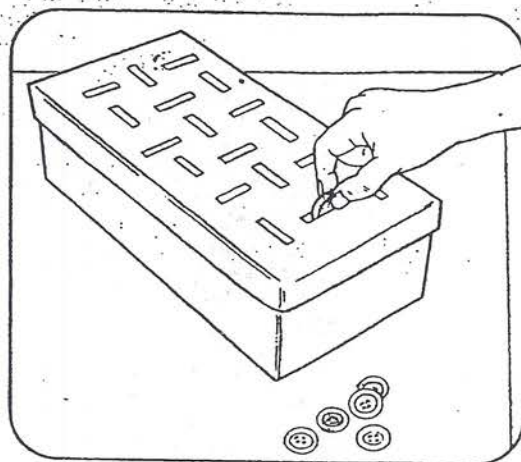
Level: Easy

Purpose:

- Pincer grasp
- Opposition and open web space
- Wrist rotation (if slits in lid alternate vertical and horizontal orientation)

Materials:

- Buttons
- Shoebox, with vertical and horizontal slits slightly larger than button cut into the lid.



Directions:

Push a button through the slit in the cardboard, holding the button with thumb and tip of first finger, as if you were putting the button in a bank. See how many you can push through in two minutes. Try it again, and see if you can get more through.

Tips:

1. To increase development of the skilled side of the hand, make sure the last two fingers are curled into the palm. If not, have the student hold a pom pom with the last two fingers.
2. Increase or decrease the level of difficulty by changing the amount of shoulder stability the student is using. Less stability is needed if arms are leaning on table or legs. More stability is required when holding arms in space.
3. Increase difficulty with smaller buttons.
4. Stand shoebox on end for wrist extension.
5. Using larger buttons with tight holes will encourage shift.