

Spending Some **FUN TIME** with Your Child

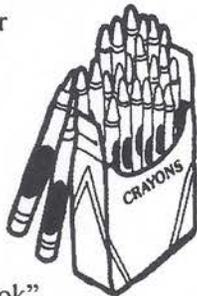
- Pick dandelion bouquets.
- Write giant letters with your child on the sidewalk or driveway. Say the letter and let your child walk on the lines.
- Look for caterpillars on the sidewalk.
- Peel the paper off of a bunch of old crayons. Put them in a basket. Lay a long piece of paper on the floor. Let your child color with the crayons.
- Cut open a brown paper grocery sack to make it flat. Let your child color on the sack.
- Unloading groceries? Give your child the bag of apples. Have him put them in the refrigerator. Count as he puts each one in.
- Take a ball outside and kick it around.
- Pick your television programs wisely and watch them together.
- Lift a rock near your house. What do you see? Look again. What more do you see?
- Have a bucket of small blocks and vehicles. Let your child play in whatever room you are in.
- Talk about safety while you take a walk around the neighborhood.



Make A Writing Box

Fill a shoe box with writing materials for your child. Some of the items you might include are:

- A pencil and a pencil sharpener
- Colored pencils
- Washable markers
- Crayons
- Small spiral notebook
- Plain, unlined paper
- Several plain white pages stapled together to make a "book"
- Several envelopes
- Colored construction paper
- Small bottle of glue
- "Scotch" tape
- Small stapler
- Child-sized scissors with rounded point
- A piece of white poster board, (about 6 x 8")
- Cover it with clear contact paper
- Wipe off pens and cloth



When to Use A Writing Box

- Pull out the writing box on a rainy day.
- When your child is bored, pull out the writing box.
- Take the writing box to a restaurant with you so your child has something to do while she is waiting for the food.
- Take the writing box to the doctor or dentist's office so your child has something to do while she is waiting.
- The writing box is a good activity to take in the car while you are traveling.



He or She? Him or Her?

Please note: In this and all Better Kid Care publications we take turns referring to children as "he" or "she." When we use he or she, we include all children.