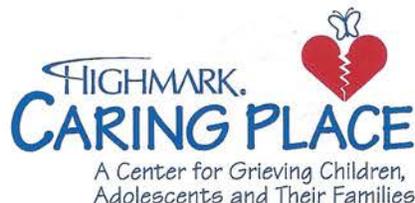


Grief Support

for Children, Adolescents and
their Families



"The Caring Place has given my children and me a place to talk, to laugh and to cry. Someone is always there to help us through."

—Steve M.

Caring Place participant
with Maya and Jared



"After my father died, I felt like I was the only one going through this. But coming to the Caring Place—being listened to, sharing with other people who feel the same way that I do—I know that I'm not alone."

—Danielle P., 15

Caring Place participant

The Highmark Caring Place provides peer support to children, adolescents and families who have lost a loved one. It is a safe place with safe people where children and families can:

- Know they are not alone in their grief
- Share feelings, memories and experiences
- See that what they are going through is normal
- Know that hope and healing are possible

Children and their parents who attend the Highmark Caring Place receive support and encouragement from the members of their groups — other children and adults who have experienced the same types of losses. Through the meetings they discover what is lost, what is left and what is possible.

The Highmark Caring Place is offered at no cost to families.

For more information, or to learn more about the Highmark Caring Place. Please call toll-free at:

1-866-613-HOPE
(4673)

