

Working with the Resistant Child

- **Less Talk**
- **Less Emotion**
- **“ Little Adult Syndrome ”**
- **Break Down Tasks**
- **Don't Personalize Things said by a Child or a Parent**
- **Borders and Boundaries**
- **Avoid Power Struggles**
- **Manage your own Stress**
- **Be Self Aware (fatigue, not feeling well)**
- **The Child determines the Reinforcer**
- **Enter their World**
- **“What do you need?”**
- **Validate Child's Feelings**