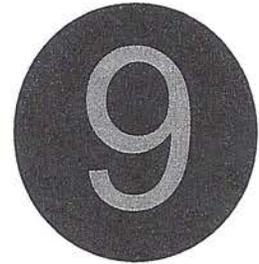


**Session 3 – Activity #9  
Things to Try at Home!  
Determining the Meaning  
of Behavior**



| Describe the Challenging Behavior | Number of times behavior occurred | How long the behavior lasted |
|-----------------------------------|-----------------------------------|------------------------------|
|                                   |                                   |                              |

**What Happened Before?**

- I told or asked my child to do something
- Changed or ended my child's activity
- I removed an object from my child
- An object was out of reach
- My child was doing an activity he/she didn't like
- My child requested something
- My child was playing alone
- My child moved from one activity to another
- I told my child "No," "Don't," "Stop"
- I was giving attention to others
- The task/activity was difficult for my child
- Other (specify) \_\_\_\_\_

**What Happened After? How did it end?**

- I gave my child attention
- I gave my child an object/activity/food
- I removed my child from activity/area
- I ignored my child
- I used "time-out"
- I punished or scolded my child
- I withdrew my request or demand
- I hugged my child
- I helped my child
- Other (specify) \_\_\_\_\_

**Why do you think your child was using this behavior?**

**What do you think he/she was trying to tell you?**