

Table 12-2 Inventory of Motor and Self-Help Skills of Head Start Children

Child's Name _____ Date of Birth _____

Date of Test _____ Teacher's Name _____

1. Puts together 3-piece puzzle Yes No
2. Snips with scissors Yes No
3. Picks up pins or buttons with each eye separately covered Yes No
4. Paints strokes, dots or circular shapes on easel Yes No
5. Can roll, pound, squeeze, and pull clay Yes No
6. Holds crayons with fingers, not with fist Yes No
7. Puts together 8-piece (or more) puzzle Yes No
8. Makes clay shapes with 2 or 3 parts Yes No
9. Using scissors, cuts on curve Yes No
10. Screws together a threaded object Yes No
11. Cuts out and pastes simple shapes Yes No
12. Draws a simple house Yes No
13. Imitates folding and creasing paper 3 times Yes No
14. Prints a few capital letters Yes No
15. Copies a square Yes No
16. Draws a simple recognizable picture (e.g., house, dog, tree) Yes No
17. Can lace shoes Yes No
18. Prints capital letters (large, single, anywhere on paper) Yes No
19. Can copy small letters Yes No
20. Cuts pictures from magazines without being more than ¼ inch from edge of pictures Yes No
21. Uses a pencil sharpener Yes No
22. Folds paper square two times on diagonal, in imitation Yes No
23. Prints name on paper Yes No
24. Kicks large ball when rolled to him Yes No
25. Runs 10 steps with coordinated, alternating arm movement Yes No
26. Pedals tricycle five feet Yes No
27. Swings on swing when set in motion Yes No
28. Climbs up and slides down 4-6 foot slide Yes No
29. Somersaults forward Yes No
30. Walks upstairs, alternating feet Yes No
31. Catches ball with 2 hands when thrown from 5 feet Yes No
32. Jumps from bottom step Yes No
33. Climbs ladder Yes No
34. Skips on alternate feet Yes No
35. Walks balance beam forward without falling Yes No
36. Runs, changing direction Yes No
37. Jumps forward 10 times without falling Yes No
38. Jumps backward 6 times without falling Yes No
39. Bounces and catches large ball Yes No

FROM: Bentzen, W. R. (1993). SEEING YOUNG CHILDREN: A GUIDE TO OBSERVING AND RECORDING BEHAVIOR. Albany: Delmar.