

Newspaper Crumple

Activity 30

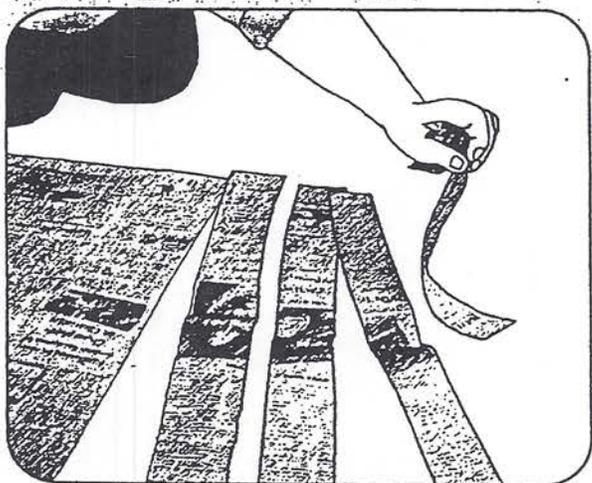
Level: Easy

Purpose:

- Arches of the hand
- Translation/in-hand manipulation

Materials:

- Newspaper or any used writing paper
- Basket



Directions:

Take a sheet of newspaper and tear it into strips about 2" wide (that's about _____ this wide).
Crumple them up into balls with one hand. Fill a basket with the balls.

Tips:

1. Increase or decrease the level of difficulty by changing the amount of shoulder stability the student is using. Less stability is needed if arms are leaning on table or legs. More stability is required when holding arms in space.