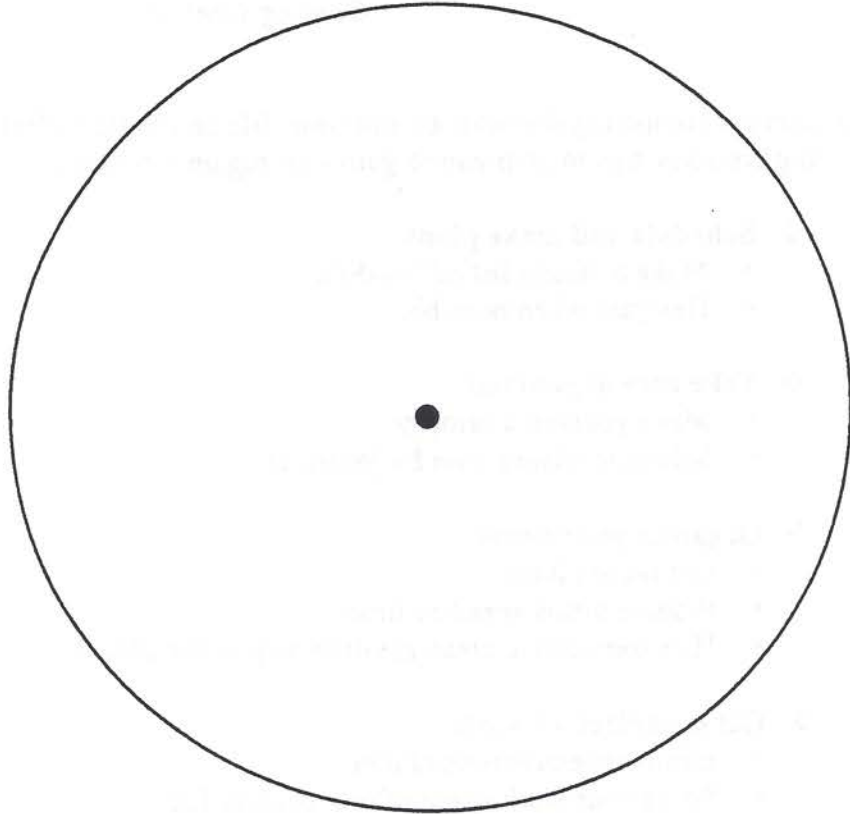
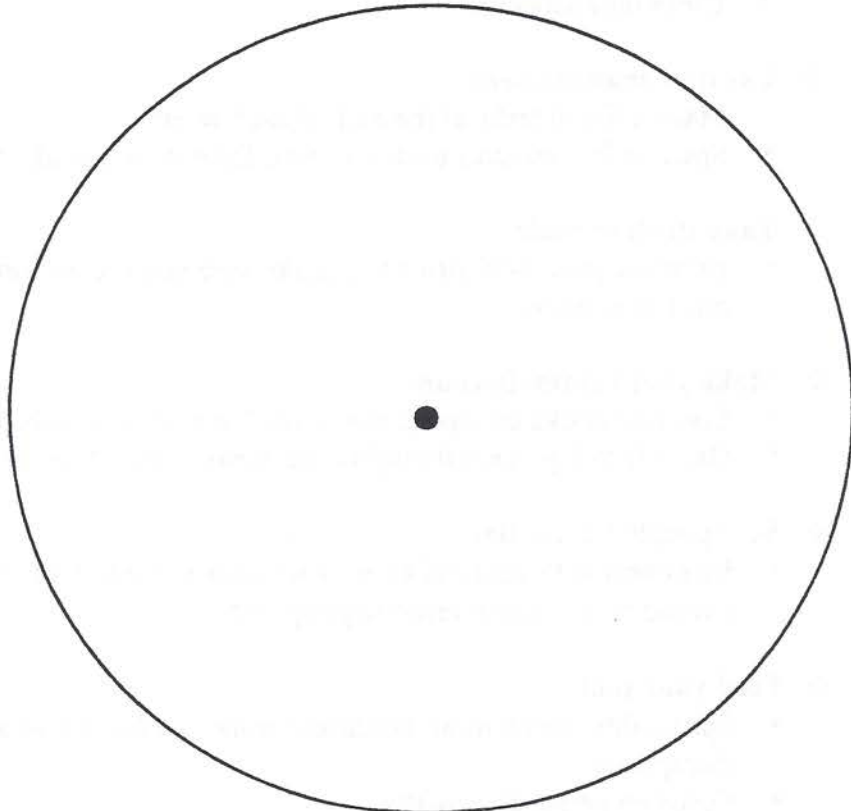


FINDING BALANCE

**How It
Is Now**



**How You
Want It To
Be**



Parts of the Pie:

- Work/Career
- Home/Family
- Spiritual
- Exercise/Nutrition
- Fun/Relaxation
- Time Alone
- Friends
- Community/Service
- Other