

WORKSHEET FOR FRUSTRATING BEHAVIOR

STUDENT'S NAME _____

Age _____
Special Education Teacher _____
Best time to contact the Special Ed Teacher _____

PRECURSOR BEHAVIORS

Problems for this Student:

Strategies that Work Best for This Student:

FRUSTRATION STAGE

1. What forms of behavior are likely to be displayed by the student?
- ___ fidgeting ___ swearing ___ making noises
___ ripping paper ___ breaking pencils ___ voice volume
___ rapid movements ___ tears ___ tense muscles
___ sarcasm ___ other (please describe)
- _____
- _____

2. What interventions should be used at this stage?

___ hurdle help ___ interest boosting
___ antiseptic bouncing ___ emotional first aid
___ touch control ___ proximity control
___ planned ignoring ___ support from routine
___ signal interference ___ other (please describe)

3. How should the behavior be documented?
- _____

4. What occurred immediately prior to the behavior?
- _____

DEFENSIVENESS STAGE

1. What forms of behavior are likely to be displayed by the student?

___ fidgeting ___ swearing ___ making noises
___ ripping paper ___ breaking pencils ___ voice volume
___ rapid movements ___ tears ___ tense muscles
___ sarcasm ___ other (please describe)

2. What interventions should be used at this stage?

___ hurdle help ___ interest boosting
___ antiseptic bouncing ___ emotional first aid
___ touch control ___ proximity control
___ planned ignoring ___ support from routine
___ signal interference ___ other (please describe)

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3. How should the behavior be documented?

2. What supportive techniques should be used during this stage?

AGGRESSION STAGE

1. What form(s) of aggression are likely to be displayed by the student?

- ___biting ___hitting peers ___kicking
___shouting ___hitting teacher ___hitting self
___running ___spitting ___destroying property
___other (please describe) _____

3. What supportive techniques should be used after this stage?

4. What teacher interventions should be used at a later time to assist student in gaining more control?

2. What interventions should be used at this stage?

SELF-CONTROL STAGE

1. What behaviors does the student typically exhibit during this stage?

- ___sullenness ___denial
___withdrawal into fantasy
___other (please describe) _____

OTHER CONSIDERATIONS

1. How are parents to be notified of crisis?

2. Who else should be notified of crisis?

3. How should crisis be documented?

4. Other comments?

