

**Session 3—Activity #10**  
**Positive Words Activity**  
**Let's Practice**



Tell your child **what to do** instead of **what not to do**.

Clearly and simply state what you expect your child to do.

Have age-appropriate expectations.

Use language that your child can understand. Young children often have difficulty with contractions (two words that are combined to form one, such as “don’t” and “can’t”).

Don't...	Do...
Don't run!	
Stop climbing!	
Don't touch!	
No yelling!	
Stop whining!	
Don't hit!	
No coloring on the wall!	
Don't throw your truck!	