## Birth - 12 Month Developmental Checklist



| 2. Developing object permanence |  |  |  |
| :--- | :--- | :--- | :--- |
| 3. Exploring cause and effect |  |  |  |
| 4. Anticipating and doing primitive problem solving |  |  |  |
| 5. Developing memory |  |  |  |
| VII. Creative Arts |  |  |  |
| 0-12 months: <br> 1. Using senses to develop awareness of environment |  |  |  |
| 2. Enjoying scribbling as a kinesthetic event |  |  |  |
| 3. Finding new ways to explore (imagination) |  |  |  |
| VIII. Physical Health and Development |  |  |  |
| 0-12 months: <br> Gross Motor <br> 1. Making direct contact with the environment through simple physical <br> movement |  |  |  |
| 2. Gaining strength and control over upper body and head |  |  |  |
| 3. Using head and upper body together |  |  |  |
| 4. Coordinating movement of arms and legs |  |  |  |
| 5. Beginning to support own weight in different positions |  |  |  |
| 6. Demonstrating control, balance, and coordination |  |  |  |
| 7. Integrating body, limbs, and movement |  |  |  |
| $\mathbf{0 - 1 2}$ months: |  |  |  |
| Fine Motor |  |  |  |
| 8. Beginning to focus and track movement |  |  |  |
| 9. Moving arms and hands but not always coordinated |  |  |  |
| 10. More purposefully using hands |  |  |  |
| 11. Beginning to develop eye-hand coordination |  |  |  |
| 12. Progressive reaching and holding occurs |  |  |  |
| 13. Developing eye-hand coordination |  |  |  |
| 14. Using hands and fingers freely |  |  |  |
| 18. Making adjustments to body as he/she moves in different directions |  |  |  |
| 21. Using hands and objects in many ways |  |  |  |

